

My Lockdown Life



Our Lockdown Lives

Lately, I find myself painting rainbows for window displays, and scouring the Internet for creative ideas to connect, share, and feel productive. There's a lot of that going on! We are all reconfiguring our Work/Life/Social balance for the new operative; self-isolation, social distancing and WFH.

One of the strangest things about our current COVID-induced crisis is not intuitively knowing what day it is. Which inspired me to help others start their own Lockdown Diary.

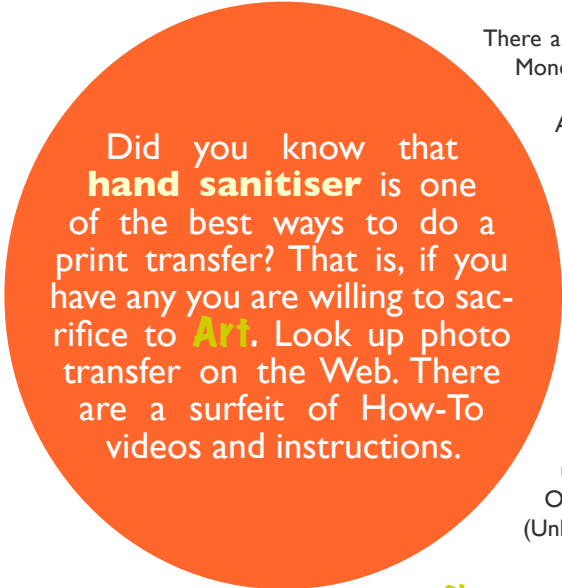
Make it Your Own

There are six printable templates for you to use – Monday to Friday and the Weekend.

Add to them. Write a poem, make an ironic comment, include a laundry list of daily activities... Like, *I need to do laundry!*

Use collaged elements, doodle on photos and paste them in. Glue is your friend!

Try photo transferring the printed templates onto your art paper of choice. Make sure to flip the image on the horizontal axis before printing it. There are plenty of free online image editors to use if you don't have one on your device. Otherwise the text will read backwards. (Unless that's your thing!)



Did you know that **hand sanitiser** is one of the best ways to do a print transfer? That is, if you have any you are willing to sacrifice to **Art**. Look up photo transfer on the Web. There are a surfeit of How-To videos and instructions.

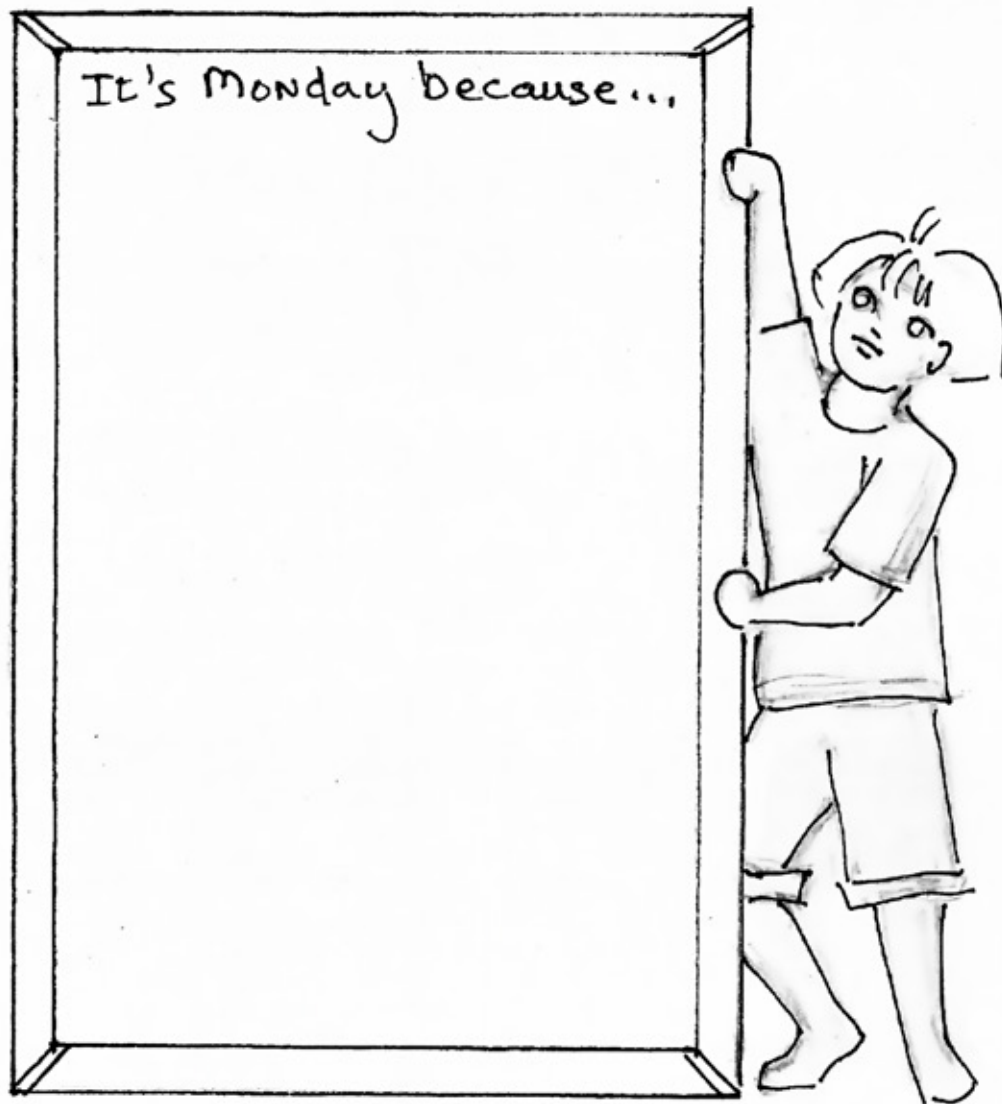
Share and Connect

Feel free to share this document with friends, family, and as a downloadable resource. If you do want to share it from your website, please keep it in its original PDF format. Extra kudos if you give me credit. If you would like to share this in some other way, contact me on my website. I will most likely say 'Yes'! *Making it your own* does not mean passing off the originals as your own.

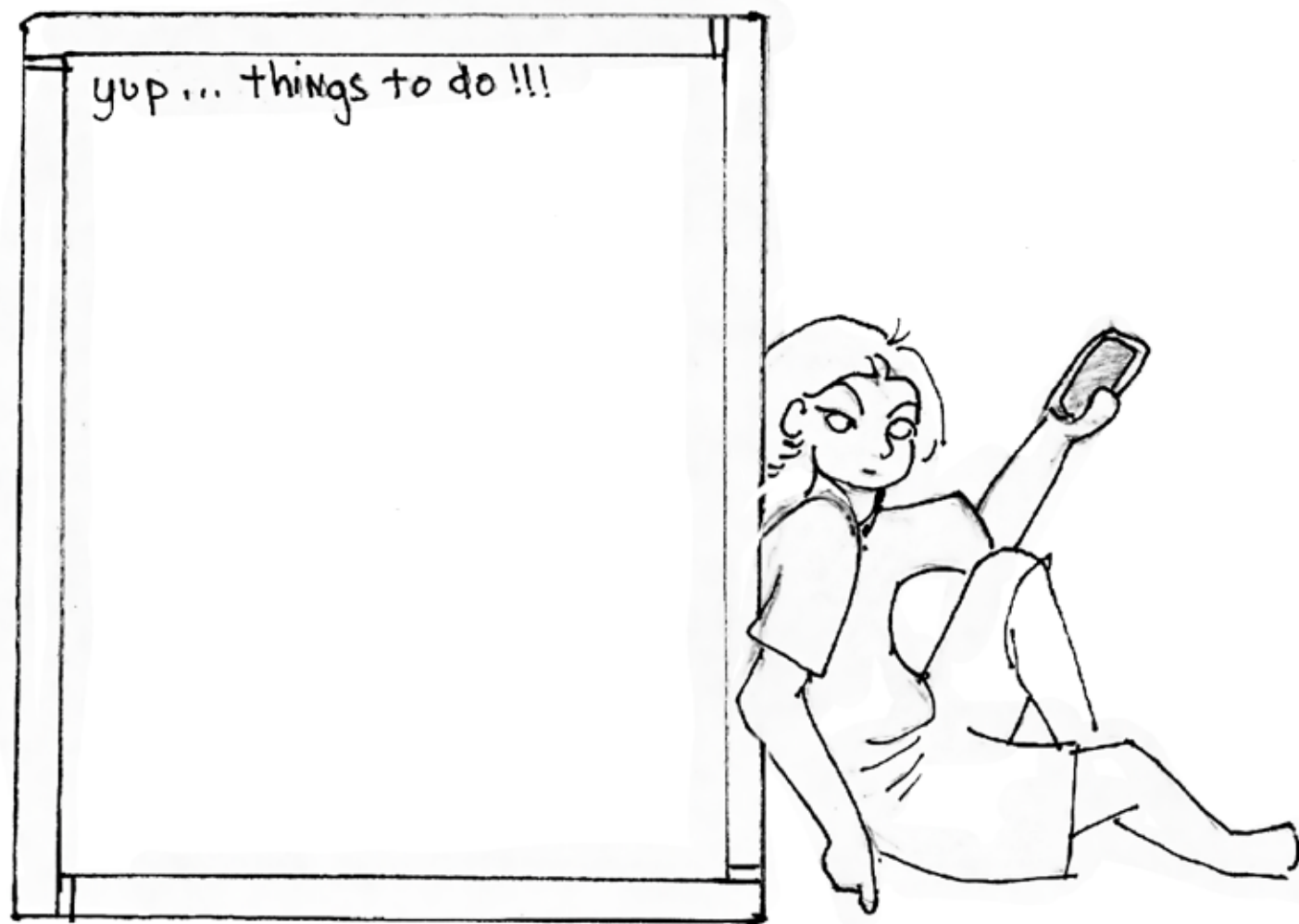
Have fun, reflect, and give yourself a way to remember what day it is and what happened on that day that is meaningful for you.

How Do I know it's

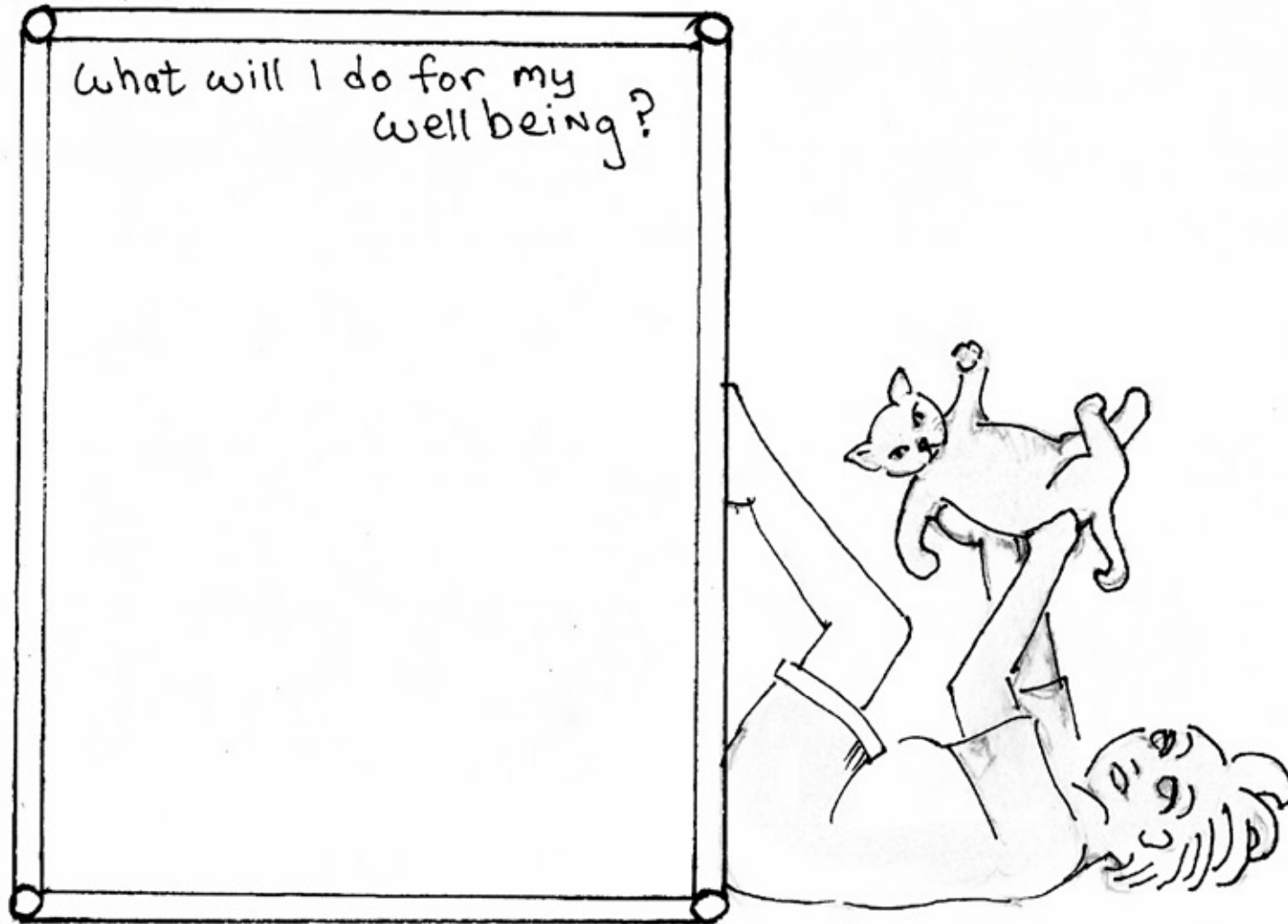
MONDAY?



It's TUESDAY,
and I'm ^{Not} Procrastinating!



WEDNESDAY is A Welcome Break



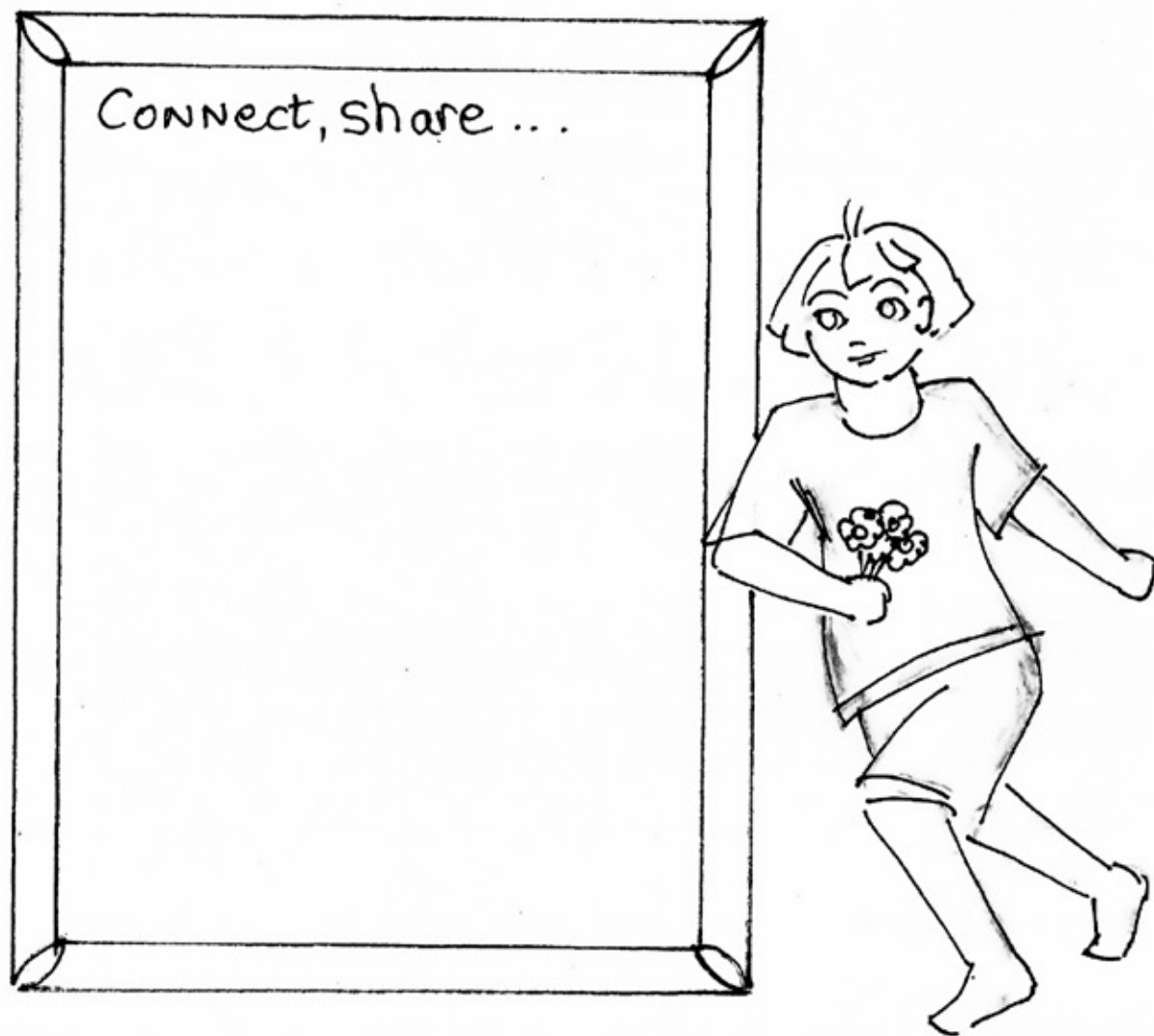
THURSDAY

will show me

What did I notice today?



Friday's child



Whatever Weekend